

**RDJ**



**Kids Fun Run  
Race Briefing**

## **WELCOME**

On behalf of Piranha Triathlon Club, we are delighted to welcome you and your children to our very first RDJ Dublin City Triathlon Kids Fun Run on Saturday 24th August.

This is an exciting opportunity for youngsters to experience the thrill of race day and take their first steps towards becoming a future triathlon star.

The logistics associated with running an event like this would not be possible without our race committee and dedicated volunteers and I would like to thank them all for their hard work and dedication.

A massive thank you to our sponsors, RDJ and the Dublin City Sports & Wellbeing Partnership. Without their support, this event would not be feasible.

This briefing supersedes the website information, so please read it carefully. Any amendments to this briefing will be notified during the race briefing on the day.

To all the children racing, I would like to wish you all the very best of luck on the day.

Ava Whelan  
Race Director

## SCHEDULE:

Indicative Timetable (Please note subject to change)

### Friday 23 August

**Registration (Garda Boat Club) 4pm – 8pm**

### Saturday 24 August

Car park open (St Brendan's GAA club) – 6:45am

**Registration (Garda Boat Club) 7:00am – 8:30am**

Chapelizod Road closes – 8:30am

Car park closes – 8:30am (\*or when full)

Transition closes – 8:45am

**Kids Fun Run – 8:50am**

Standard Distance – 9:00am

Sprint, Aquabike, Corporate Relay – 9:30am

Try-A-Tri – 10:00am

Adult Prize giving – 12:10pm

Car park & Chapelizod Road reopens – When last athlete finishes (approx. 1:00pm)

## DISTANCES:

We have two distances to cater to different age groups:

- 500m for under 8s
- 1km for 8-14 year olds

This is a non-timed event, focused on letting kids enjoy the excitement of participating in a race. We will have marshals along the course. The run will follow a one-directional flow on a combination of tarmac and grass surfaces.

Please dress your child in comfortable clothing and shoes suitable for running. Sunscreen and a hat are recommended on sunny days.

See appendix for route maps.

## REGISTRATION AND ESSENTIAL INFORMATION:

Please ensure you attend registration at the Garda Boat Club on Fri eve/Sat morning to receive the child's race number, guardian wristband and goodie bag.

### Registration:

- Each child receives a race number pinned to the front of their t-shirt.
- Each parent or guardian receives a matching numbered wristband to wear.
- We also recommend that guardians write their name and phone number on the back of the child's race number.

### **Finish Post-Race:**

There will be a designated collection point at the finish line.

To ensure the safety and security of all children participating in the fun run, we have implemented an effective matching system. Parents/Guardians must show their child's number on their wristband when collecting juniors from the finish line as soon as their race is over.

If you decide to join the course, please also wear your wristband. However, you only need to register the child to secure their spot.

### **LOCATION AND PARKING:**

The race HQ is based in the [Garda Boat Club](#) on Chapelizod Road.

#### *Road closure*

The Chapelizod road will be closed to traffic between [Islandbridge and Mullingar House](#) from **08:30 to 14:00**. We strongly suggest arriving early particularly if you intend on using the race car park.

#### *Parking*

The official DCT car park is St Brendan's GAA Club which is immediately adjacent to the Garda Boat Club. Spaces are limited to the first 250 cars.

If you are parked in the St Brendan's GAA Club, **you will not be able to leave until the last runner in the adult races is off the run course (approx 1pm).**

Parking is not possible on Chapelizod Road between Chapelizod gate and the Islandbridge gate. Any cars parked here will be towed by Gardai.

Alternative parking options can be found in the Phoenix Park such as [Civil Service Cricket Club](#), [The Papal Cross Car Park](#) or [Lords Walk Car Park](#). There is also parking available in the [War Memorial Gardens](#).

**If you need to leave early, we strongly recommend parking in one of the alternative parking options.**

### **PHOTOGRAPHY**

[Triathlon Ireland Guidelines](#) on photography, please ensure you read them.

As far as possible, we ask parents to only photograph or video their own child. If there are other children in your photographs or videos, we ask parents not to publish or share them without the prior consent of the parents of those children.

## **TENTED VILLAGE**

There will be a festival atmosphere in the tented village. There will be lots of entertainment on site for the children post race including face painters, a colouring station and some fun and games.

[Last Lap Café](#) will be onsite with teas/coffees and snacks for athletes and spectators. We are also delighted to partner with [Parallel Meals](#) who will be cooking up some delicious post-race meals.

There are toilet facilities at the Garda Boat Club.

## **FEEDBACK**

We want to make this race and our future races as safe and pleasurable as possible, so send us your feedback on the race and race organisation. If you have any comments, please email [dublincitytriathlon@gmail.com](mailto:dublincitytriathlon@gmail.com)

Appendix



